

## THEME 2 PLANS VOCABULARY EXERCISES (SUNSHINE)

### A. Match the words with the definitions.

drugstore / afford / trendy / out of fashion / dairy / grocery's

1. made from milk or with milk products \_\_\_\_\_
2. a store that sells food and vegetables \_\_\_\_\_
3. a store that sells pills and products for health \_\_\_\_\_
4. d. being able to buy something / pay the cost of something \_\_\_\_\_
5. not fashionable \_\_\_\_\_
6. fashionable / popular \_\_\_\_\_

### B. Read the text and complete it with the words from the box.

take breaks / study plan / to-do list / know their limits

#### COMMON TIME MANAGEMENT MISTAKES

Students generally make the following time management mistakes:

1. They don't keep a \_\_\_\_\_. When they don't have that list, they forget their priorities. In other words, they forget about the important tasks or assignments.
2. Another mistake is that they don't \_\_\_\_\_. This is very bad because they need to rest and relax. If they don't, they cannot concentrate on their studies.
3. Also, students should \_\_\_\_\_. If they try to do many things at the same time, they cannot be successful. They should plan their schedule with two or three things to do a day. Their \_\_\_\_\_ should have only two school subjects to study in a day.

### C. Read the quotes. Choose the sentence that best explains the quote.

1. "The bad news is time flies. The good news is you're the pilot." (Michael Altshuler)
  - a. Time flies, but you can use your time effectively.
  - b. If you're not a pilot, time flies away very quickly.
2. "Either you run the day, or the day runs you." (Jim Rohn)
  - a. It is more difficult to control the daily activities than to control weekend activities.
  - b. If you don't manage your activities effectively during the day, the day controls you.